



YASC Relay Team Selection

Developed July 2019

Reviewed August 2021

Updated March 2023

Southern Inland Swimming Association (SISA) or South West (SW) Zone Carnival Relay Team Selection Process

- Coaches will decide upon relay team participants by applying their professional knowledge and judgement. For example, consideration is given to; commitment to training, times, carnival swimming workload and attitude and motivation towards being part of a team that represents YASC.
- Coaches decisions will be final.
- YASC will only submit 1 team (the 'A' team as per SISA/SW Zone) per relay event.
- Swimmers are encouraged to have their entries in on-line by *Tuesday 5pm two weekends prior to the SISA or SW Zone carnival* so that the relay team selection process can begin.
- The YASC Carnival Race Secretary will submit team entries *on the Friday before the nominated SISA or SW Zone carnival closing date*. Nominations generally close the Sunday evening prior to any event.
- In the event of injury or sickness, swimmers can be swapped on the day of the carnival as per SISA/SW Zone rules. This needs to happen during or shortly after the warmup phase by the nominated club contact.

NSW Country Championships, NSW Junior State Age and NSW Senior State Age Relay Team Selection Process

- Relay teams for these events will be based upon team qualifying times only.
- The President and Carnival Race Secretary will work together to identify the fastest swimmers for any potential relays that meet the team qualifying time for events at these swim meets.
- The President will contact the parent/carer of each swimmer to confirm commitment/participation in the relay team. Should any swimmers be unable to participate, the next swimmer will be contacted if still meeting relay team qualifying times.
- Relay teams' nominations to be submitted by YASC Carnival Race Secretary.
- Any NSW Country, NSW Junior and NSW Senior State Age relay teams representing YASC will be coached and managed by YASC Coaches.
- Note: for NSW Country Championships, if a team makes one relay QT time, then that same team can enter into another relay event. For example, the same team can swim the medley and the freestyle events and vice versa.

Nominated Club Contact for Swimming Meets

- At each swimming meet, YASC will nominate a club contact person to liaise with Officials.
- The YASC nominated club contact for the day will be advised at each swim meet (for example President, Vice President, Secretary, Carnival Race Secretary, Club Race Secretary or Registrar).
- The YASC nominated club contact is responsible for managing a timekeeping roster (if required).
- Any issues or concerns on the day need to be raised with our nominated club contact. Our nominated club contact for the day will liaise with Officials.

Swimmer Expectations

- All swimmers are encouraged to participate in a club warm up session.
- Swimmers must ensure they listen to announcements and all marshalling advice.
- Any swimmers who wish to withdraw from nominated events must have their parent's permission and must advise the Coaches and marshalling officials.
- Any issues or concerns on the day need to be raised with our nominated club contact. Our nominated club contact for the day will liaise with Officials.